

Introduction to Nevro HFX™ Guide

HFX is an FDA-approved treatment option for long-term relief from chronic nerve pain.

It's a small device that works inside your body to significantly reduce pain and improve your quality of life.



*HFX has given me back what I lost.
It's given me my life back.*

- Rod

How it Works

The nerve pain you feel is caused by damaged nerves overproducing and sending abnormal pain signals to your brain.

HFX is a small device that safely delivers pain relief by sending gentle pulses to block those pain signals before you feel them, letting you get back to everyday life and the activities you love.

The way the pulses are delivered is personalized based on the unique nature of your pain.

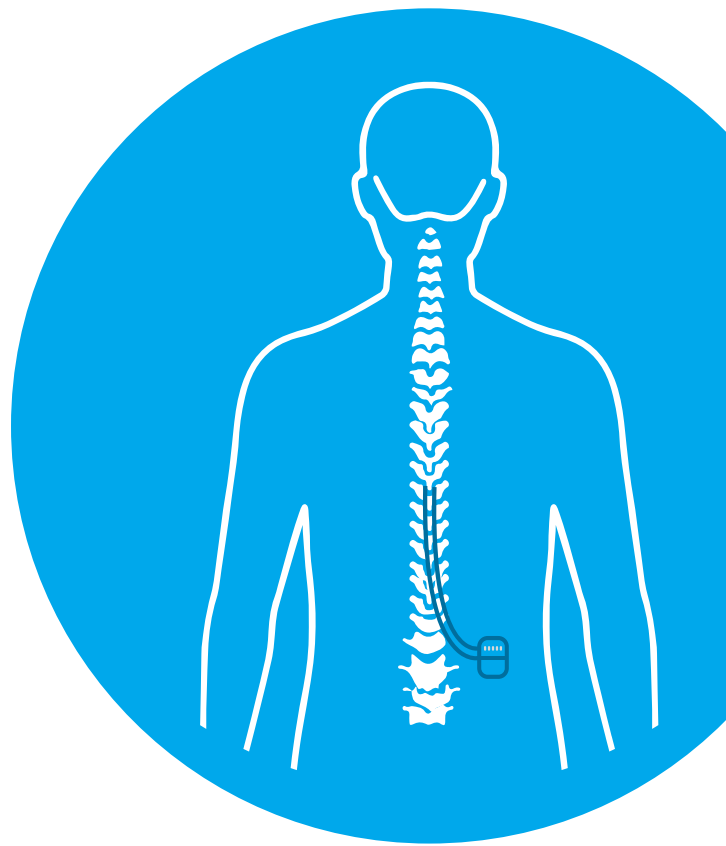
See how HFX relieves chronic pain:

(Scan this code with your phone's camera)



Or visit

www.NevroHFX.com/why-hfx/how-hfx-works/



**HFX is safe and
FDA-approved**



**HFX is not a drug or
major surgery**



**You try HFX first
before you decide**

All Major Health Insurances Cover HFX

HFX is covered by all major commercial insurance plans, including Medicare and Tricare.

Who is a Good Candidate for HFX?

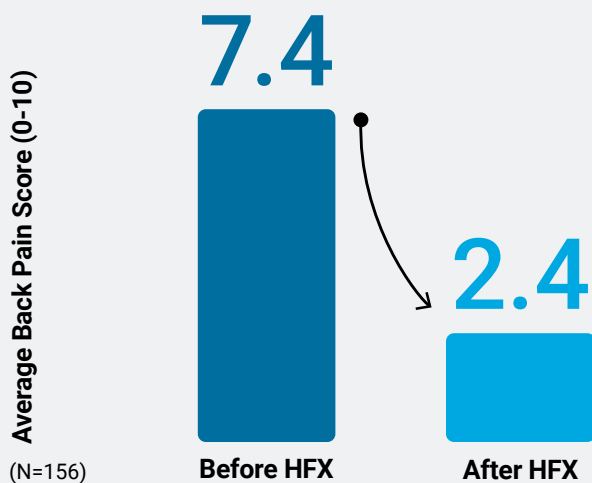
- ✓ Your pain is constant and has lasted for more than 6 months
- ✓ Most of your pain is nerve-related
- ✓ Your pain is located in your back, trunk, arms, or legs
- ✓ You still have pain after trying other pain management treatment options

HFX has helped over **100,000** people worldwide find long-term pain relief.

Clinically Proven Pain Relief

80% of people with chronic pain reported their pain scores decreased by more than half.

Significant Long-term Pain Relief¹



What to Expect

1 Your HFX consultation

At your consultation, your HFX-trained doctor will provide a complete evaluation, discuss this treatment option in further detail, and answer any questions you have. It won't include the procedure itself.

At the time of your consultation, in most cases you can expect to pay your regular copay cost for a specialist visit.

2 Try HFX, before you decide

With a temporary device that is worn externally, you get to “test drive” HFX for 1 week.

The trial is an opportunity for you to evaluate your pain relief, improvements in your quality of life, and see if HFX helps meet your pain management goals.

The trial procedure takes about 1 hour, is very similar to an epidural injection, and doesn't require any incisions.

3 Get HFX

If you and your doctor agree HFX worked for you in the trial, then you can move forward with the reversible procedure.

Getting HFX is a quick, outpatient, and minimally invasive procedure.

Following your procedure, your Nevro HFX Care Team will work closely with you and create a personalized plan to fine-tune your relief with HFX.

Learn more about what to expect:



Or visit

www.NevroHFX.com/why-hfx/what-to-expect/

Frequently Asked Questions

1 Is HFX FDA-approved?

Yes, HFX was approved by the FDA in 2015 to relieve chronic nerve pain.

2 Is HFX covered by insurance?

Yes, HFX is covered by major commercial insurance plans, including Medicare and Tricare.

3 I've tried everything else. Why should I try this?

Nearly 80% of people with chronic pain have found relief with HFX, even when other pain management treatment options like injections, pain medications or surgery didn't work.¹⁻²

4 Is HFX safe?

Yes, HFX has helped over 100,000 people worldwide. Spinal cord stimulation has been thoroughly studied and proven to be a safe approach. HFX has significantly fewer side effects than other treatment options, doesn't involve major surgery, and it's typically safer than other spine surgeries.²⁻⁶

5 Where can I get HFX?

HFX is offered nationwide. When your HFX Coach calls, they'll help you find an HFX-trained doctor near you, or if you prefer, you can find one near you [here](#).

6 What if I didn't provide my phone number?

Not to worry! You can call [1-844-331-1001](tel:1-844-331-1001) and request a callback.

7 Can I get an MRI with HFX?

Yes, with HFX you can safely have a full-body MRI scan.*

8 How long does the HFX battery last?

The HFX battery is designed to last at least 10 years. Once it is running low, the HFX battery is replaced during a simple outpatient procedure.

9 When should I consider HFX?

If you've tried multiple pain management treatment options like injections, pain medications, or surgery and you didn't find relief, then it's time to try HFX.

* Within conditional parameters. Refer to [Neuro HFX MRI Guidelines](#) for detailed information on MRI safety and conditions.

Important Information

Rx Only: Patient experiences with the Senza® spinal cord stimulation (SCS) system vary by individual, including the amount of pain relief. The occurrence of adverse events associated with SCS implant surgery or use also varies by patient. Please see www.NevroHFX.com/safety for complete safety, indications for use, and contraindications information.

References:

1. Kapural, L., (2015). Novel 10-kHz High-frequency Therapy (HF10 Therapy) Is Superior to Traditional Low-frequency Spinal Cord Stimulation for the Treatment of Chronic Back and Leg Pain: The SENZA-RCT Randomized Controlled Trial. *Anesthesiology*, 123(4), 851–860.
2. Kapural, L., et al. (2016). Comparison of 10-kHz high-frequency and traditional low-frequency spinal cord stimulation for the treatment of chronic back and leg pain: 24-month results from a multicenter, randomized, controlled pivotal trial. *Neurosurgery*, 79(5), 667–677.
3. Stauss, T., et al. (2019). A multicenter real-world review of 10 kHz SCS outcomes for treatment of chronic trunk and/or limb pain. *Annals of Clinical and Translational Neurology*, 6(3), 496–507.
4. Mirza, S., et al. (2007). Systematic review of randomized trials comparing lumbar fusion surgery to nonoperative care for treatment of chronic back pain. *Spine*, 32(7), 816–823.
5. Smith, J., et al. (2010). Complication rates of three common spine procedures and rates of thromboembolism following spine surgery based on 108,419 procedures. *Spine*, 35(24), 2140–2149.
6. Deyo, R. (2010). Trends, major medical complications, and charges associated with surgery for lumbar spinal stenosis in older adults. *JAMA: The Journal of the American Medical Association*, 303(13), 1259.

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